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|  | **What is a Crystal Bed?**  A crystal bed has 7 extremely clear and highly polished quartz crystals suspended approximately 12 inches above the client lying on a massage table. Each of the quartz crystals has been cut to a specific frequency. Each crystal is aligned above one of the seven human energy centers or chakras. Colored lights, chosen to match the chakra colors, radiate light and energy through the crystals to each respective chakra, and shine on and off in certain rhythms to cleanse, balance, and align your energies. The individual receiving the session rests face up with eyes closed, bathing in the energy. The sessions are very healing and integrating.  **How does the Crystal Bed work?**  As the color is transmitted through the crystal onto the corresponding chakra, the chakra is cleansed, energized, and brought into balance with all of the other chakras. This allows the other aspects of our self, whether it is mental, emotional or physical to be brought into balance. For when the chakras are out of balance, all the other aspects of ourselves will also be out of balance. Then as these subtle energies are brought into balance, the body's own natural healing mechanisms are able to function as they were designed to do. The "Crystal Bed Healing" cleanses, balances opens, and recharges the body's energy creating a deep relaxation. It is also a great preventative modality. And in the end, we may not know exactly all the ways that it works, but we do know it does!  **What will I experience?**  People feel all manner of sensations during and after sessions - pressure, weight, lightness, heaviness, hot, cold, wind, all manner of body sensations, tickling, tingling etc. The crystals can evoke feelings of peace and serenity, and typically a very deep relaxation. You may simply fall asleep and wake up feeling very refreshed and renewed. You may experience insights and release of specific personal issues and memories. You may have feelings of warmth, movement, expansion, cleansing, or a feeling of being touched. Some people feel sensations of physical healing taking place, as they feel the presence of the healing spirits working directly on their physical bodies. Your awareness may even extend beyond yourself to higher states of consciousness.  **How is a Crystal Bed Healing treatment conducted?** "Crystal Bed Healing" is safe and non-invasive. The person receiving the "Crystal Bed Healing" simply removes their shoes, and glasses then lies fully clothed, on a massage table below the suspended crystals, so that each of the seven crystal aligns to the their corresponding chakra. Once the person is comfortable, a white cloth is placed over their eyes. The lights in the room are then dimmed, soft music is turned on, and finally the pulsating lights shining through the crystals is turned on. All the individual need to do is to relax, let go, or even fall sleep. The light, the crystals, and the healing spirit beings will do the rest. Each and every person who receives "Crystal Bed Healing" reports a different effect, each experience being relevant and unique to his/her own condition, needs, and level of awareness. Many people who have experienced the crystal bed also feel themselves in an altered state after a session. Many say they feel the sensation of being worked on by spirits, some float back into past lives, and some a feeling of great attunement to spirit. The experience is totally individual.  **What do I do after a Crystal Bed Healing?**  No matter what the experience, it is advisable for the individual to rest after a "Crystal Bed Healing" Session to fully absorb the experience. It is also advisable to drink several glasses of water over the next several hours to help rid the body of any toxins or waste products which tend to be released through the cleansing action of the Crystal healing. It also can be helpful to write down the experiences and guidance which can occur during the healing session, to help integrate and ground the experience into your life.  **What makes a Crystal Bath so special?**  First, the "Crystal Bed" combines the power of Color Therapy, Light therapy, and Crystal Therapy. This combination produces beneficial stimulation on many physical and energetic levels of being. The combination of healing energies is then further and GREATLY ENHANCED, by the "Healing Entities" of the Casa de Dom Inacio. These Healing Entities are the Spiritual Beings that work in and around the Casa de Dom Inacio and with all those deeply connected to the Casa family. These are also the entities that are incorporated by the Medium Joao Teixeira de Faria, also known as "John of God". The illuminated crystals create a portal that the Entities can use to channel their healing energy to the individual receiving the "Crystal Bed Healing". Typically what happens is that the crystals and lights first open, align and prepare the person in the beginning of the session so that the Entities can then later in the session come in and make healing adjustments to the person's energy field and body. It's the combination of all these elements together that makes this crystal light therapy so special.  **Where did the concept for the Crystal Beds come from?**  The concept of the Crystal bed also called crystal bath therapy was channeled to John of God in Brazil who then had it developed for practical use and incorporated it as an important healing modality at his healing center affectionately known as "the Casa". For visitors to the Casa, the Crystal Healing Beds are available to all and are prescribed by the Entities (Healing Spirit Guides) of the Casa for rejuvenation, alignment and balancing of the our energy fields, which in turn aids in the process of spiritual and physical healing. When you walk before John of God during his "incorporation" by the entities for a healing, he either prescribes: visible or invisible surgery, sitting in the Current Room, taking Herbs, receiving a Crystal Healing Bath, or receiving a cleansing under the Sacred waterfall.  **Who is John of God?**  John of God is a full trance medium, who allows a specific group of highly evolved spirits or "entities" to take over his body and perform miraculous healings while he is completely unconscious of what of happening. These healings can and do occur on any or all levels - whether spiritual, mental, emotional or physical. Dom Inacio, or Saint Ignatius of Loyola, is the patron spirit or "entity" who directs this healing work from the spiritual dimensions. Through John of God, literally millions of people have come and received healings of one kind or another over the past 30 + years. An important foundation of John of God's spiritual philosophy comes from the gospel as he stresses the importance of forgiveness and Christ's message ; " My commandment is this: Love one another as I love you."  **Who are the spirit guides or "entities" that work through John Of God?**  There are 33 known Entities who work through Medium João. Many other Entities have chosen not to reveal their identity but are frequent visitors nonetheless. During incorporation, the Entity carries with him his own personality from the past life and is recognized in João's mannerisms and behavior. Sometimes João in-Entity will discard his glasses and scientists have recorded that the colors of his eyes change to match the color that the particular Entity had when alive. Patients receiving healing energy from the Entities will often be moved to tears. Dom Inácio de Loyola 1491-1556 - St. Ignatius of Loyola is the principle Entity after whom the Casa is named. When João incorporates the entity of Dom Inácio many miracles happen. He works calmly for many hours, a testimony of his unlimited compassion, kindness and patience. "For those who believe, no proof is necessary. For those who disbelieve, no amount of proof is sufficient." - St. Ignatius of Loyola. Dr Augusto de Almeida is one of the most frequent Entities at the Casa de Dom Inácio. He is reported to have been in the military, a rubber tapper and a doctor in previous incarnations. When Dr Augusto incorporates he is recognized for his strong personality and his somewhat authoritarian manner. He is known to be extremely kind and is deeply loved by all. "My phalange comprises not of ten, nor a hundred but thousands of Helping Spirits. I am the one who reaches to the very depths of the abyss to save a soul." - Dr. Augusto de Almeida. On her way to her first invisible surgery at the casa, Haleya looked at the picture of Dr. Augusto and heard him say, "I will be doing your surgery today." Immediately after returning from the Casa her lifelong chronic headaches decreased 99%. Dr Oswaldo Cruz 1872 - 1917. Medical doctor, founder of Medicina Experimental Brasileira, is credited for eradicating the yellow fever epidemic in Brazil. He is a direct and forthright in his interactions while at the same time extremely kind, and compassionate. He has the most beautiful eyes, which seemingly pour out unconditional love to all in his view - a very powerful and moving experience. He will often request that wristwatches be removed as it disturbs his current. There is a photograph in the surgery room of the Casa where one can see another entity, Dr. Jose Valdivino, so fully incorporated that João's physical body is almost completely replaced by Dr. José Valdivino. Very little is known about this Entity who when asked replied simply that he was a protector of families. During his healings he is extremely gentle, compassionate and loving. He possesses energy that is especially powerful for curing paraplegics. With a touch of his hand and a command for them to walk, or move the afflicted limb, many miraculous healings have been recorded.  **What is the Casa de Dom Inacio?**  The "Casa de Dom Inacio ", in Abadiania, Brazil is a world-renowned healing center. Casa de Dom Inacio is a spiritual hospital where João Teixeira de Faria, known as João de Deus or in English, John of God, does his miraculous healing work. John of God has helped millions of people in his lifetime with his spiritual healing mission, and continues to selflessly help thousands more people every week at the "Casa" and now at settings throughout the world.  **More about the Crystals**  The crystals for the Crystal Bed were mined in a small town called Garimbo de Ouro in Brazil where gold and precious stones, quartz crystals, and amethyst lie beneath the surface of most of that area resulting in a profound energy emanating from the land. Joao Teixeira de Faira (John of God) says that the crystals making up the bed, were "born in beds of water, deep beneath the earth." They were extracted from the earth and and personally selected and guaranteed by John of God. Each of the seven crystals came from a single stone and was carefully polished to exacting standards.  **Scientific Observations on Crystal Therapy** Crystals have some of the highest molecular orderliness found in nature. Light passing through the crystal will resonate with the structured patterns of the crystal. Water can take on a variety of molecular patterns. It is known that when water is able to form well organized and geometrically shaped molecule patterns, it has increased surface tension and bonding properties. This pattern is the pure state of water found in healthy cell tissue, while un-geometric and disorganized water molecules are found in unhealthy cells and cancer cells. Thus, one explanation for the health giving effects of crystal therapy is that the well organized vibration resonating from the crystals helps to organize the water molecules in our tissues and cells. Much of our understanding of crystal therapy was developed by Marcel Vogel, who spent his lifetime investigating quartz crystals. He designed experiments demonstrating the power of crystals to affect physical processes. The experiments of Vogel and his associates proved the following:  **\* A precisely cut quartz crystal produces a constant vibration of the same frequency as water in its purest state. \* Moving water will pick up the vibration from the crystal through resonant interaction and this transferred charge will restructure the water. \* A cut crystal can be charged with intent to structure water. Since we are made up of 90% water this carries strong implications for how our body and health can be affected.** -Article written by Thom Levy  **Casa de Dom Inacio Crystal Bed at the**  **Guardian Angels Healing Arts Center**  At the Casa, the Entities often prescribe crystal light therapy. Providing an original Casa crystal bed outside of the confines of the Casa - with the specific recommendation and connection with the Entities - brings the energy and healing vibration of the Casa to you. John of God personally guarantees the energy of the Crystal Bed and thinks of them as his children. Because space and time are an illusion, the entities are able to be present here and work directly with those who seek their healing and guidance through the crystal bed. It is a special privilege for me to be able to serve you in this unique way, where you can receive the energy generated from this powerful healing tool without having to travel to Brazil. The healing room also has a prayer triangle which further connects your prayers to the Entities of the Casa.   - Lisa Lopez was **approved by the Entities that work with "John of God" in 2014 to own and operate a crystal healing bed and is listed as a provider in the official Abadiania portal site directory.** [www.abadianiaportal.com](http://www.abadianiaportal.com)  **Guardian Angels Healing Arts Center & Gift Shop**  **Medical Center East**  **5900 North Burdick Street Suite #102 F**  **East Syracuse, NY 13057**  **(315) 727-3254** |  |